

# Havering Children's Centre Activities Timetable

Midwifery  
 Health Visiting  
 Targeted Offer  
 Universal Offer  
 Parenting  
 Summer Parks Programme

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><b>Collier Row Children's Centre</b></p> <p><b>(North)</b></p> <p><u>Linked Sites</u> -Lawns Park</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><u><b>Child Minders Group</b></u> 9:30am-12pm</p> <p><u><b>Baby Stay and Play (0-12mths)</b></u> 9:30am-10:30am</p> <p><u><b>Musical Jelly Beans (0-5yrs)</b></u> 11am-11.45am</p> <p><span style="color: orange;"><u>HENRY</u></span> <u><span style="color: orange;">Healthy Families Programme</span></u> 12pm-2:30pm</p> <p><u><span style="color: red;">Family Fun Session 0-11yrs</span></u> 1:30pm-2:30pm</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><span style="color: orange;"><u>Butterflies</u></span> 10am-11:30am</p> <p><span style="color: orange;"><u>Ready Steady Talk</u></span> (Referral only) 10am-10:45am</p> <p><u><b>Sensory Play (0-2yrs)</b></u> 1:30pm-2:30pm</p> <p><u><b>Bundles of Joy</b></u> 1:15pm-2:45pm</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><u><span style="color: blue;">Child Health Clinic</span></u> 9:30am-11:15am</p> <p><u><b>Infant Feeding Café</b></u> 10am-12pm</p> <p><span style="color: orange;"><u>Starting Solids Workshop</u></span> (Referral only) 1pm-3pm</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><u><span style="color: blue;">Child Development Checks</span></u> 9:30am-12:30pm</p> <p><u><b>Stay and Play (0-5yrs)</b></u> 1:15pm-2:30pm</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><u><span style="color: blue;">Child Development Checks</span></u> 9:30am-12:30pm</p> <p><u><span style="color: purple;">Mellow Babies</span></u> 10am-2pm</p> <p><u><span style="color: orange;">Baby Massage</span></u> (Referral only)</p>
<p><b>Ingrebourne Children's Centre</b></p> <p><b>(North)</b></p> <p>The offer at this centre includes all activities/services previously offered at Hilldene Chippenham Road Children's Centres</p> <p><u>Linked Sites</u> -MyPlace Youth and Community Centre -Central Park Leisure Centre -Drapers Pyrgo Priory Primary School -Broadford Primary School -Harold Hill Library -Central Park</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><u><span style="color: blue;">Child Health Review</span></u> 9am-3pm (appointment only)</p> <p><u><b>Stay and Play (0-5 years)</b></u> 10am-11:15am</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><u><span style="color: purple;">Parent Group Leader Volunteer Training (EPEC)</span></u> 9:15am-2:30pm</p> <p><u><b>Baby Stay and Play (0-12mths)</b></u> 9.30am-10.30am</p> <p><u><span style="color: red;">Family Fun Session 0-11yrs</span></u> 10:30am-11:30am</p> <p><u><b>Musical Jelly Beans (0-5 Years)</b></u> 11.15am-12pm</p> <p><u><span style="color: orange;">Baby Massage</span></u> (Referral only)</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><u><b>Birth Registration</b></u> 9am-3pm (appointment only)</p> <p><u><span style="color: blue;">Child Health Review</span></u> 9am-3pm (appointment only)</p> <p><u><span style="color: orange;">Ready Steady Talk</span></u> (Referral only) 10am-10:45am</p> <p><u><b>Stay and Play (0-5 years)</b></u> 1:15-2:30pm</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><u><b>Birth Registration</b></u> 9am-3pm (appointment only)</p> <p><u><span style="color: purple;">Being a Parent Course (EPEC)</span></u> 9:30am-11:45am</p> <p><u><b>Stay and Play (0-5 years)</b></u> 10am-11:15am</p> <p><u><span style="color: orange;">Baby Massage</span></u> (Referral only) 10am-11am</p> <p><u><b>Musical Jelly Beans (0-5 Years)</b></u> 1pm-1:45pm</p>	<p><u><span style="color: green;">Community Midwifery</span></u> By appointment only</p> <p><u><span style="color: orange;">Mellow Babies Parenting Course</span></u> 9am-3pm</p> <p><u><b>Baby Stay &amp; Play (0-12mths)</b></u> 10am-11am</p> <p><u><b>Parent Craft Ante-Natal Classes</b></u> 2pm-3pm</p>

## Havering Children's Centre Activities Timetable Cont.

Midwifery  
 Health Visiting  
 Targeted Offer  
 Universal Offer  
 Parenting  
 Summer Parks Programme

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p style="text-align: center;"><b>St Kilda Children's Centre (Central)</b></p> <p><u>Linked Sites</u> -Ardleigh Green Family Centre and Primary School -Lodge Farm Park</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Child Development Checks</u> 9am-1pm</p> <p style="text-align: center;"><u>Employment &amp; Advice Surgery</u> 9:30am-12:30pm</p> <p style="text-align: center;"><u>Baby Stay and Play (0-12mths)</u> 10am-11am</p> <p style="text-align: center;"><u>Living with Teenagers Course (EPEC)</u> 6pm-8pm</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Child Health Clinic</u> 9:30am-11:15am</p> <p style="text-align: center;"><u>Infant Feeding Café</u> 10am-12pm</p> <p style="text-align: center;"><u>Strengthening Families, Strengthening Communities; Gangs, Guns and Knife Crime</u> 12:30pm-2:30pm</p> <p style="text-align: center;"><u>Child Development Checks</u> 1pm-5pm</p> <p style="text-align: center;"><u>Ready Steady Talk</u> (Referral only)</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Strengthening Families, Strengthening Communities</u> 10am-1pm</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Butterflies</u> 10am-12pm</p> <p style="text-align: center;"><u>Baby Massage</u> (Referral only)</p> <p style="text-align: center;"><u>STOP Parenting Programme</u> 10am-1pm</p> <p style="text-align: center;"><u>Stay and Play (0-5yrs)</u> 1:15pm-2:30pm</p> <p style="text-align: center;"><u>Parent Surgery</u> (Referral only) 1pm-7pm</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Stay and Play (0-5yrs)</u> 9:45am-11am</p> <p style="text-align: center;"><u>Musical Jelly Beans</u> 12:45pm-2:30pm (two sessions)</p> <p style="text-align: center;"><u>Family Fun Session 0-11yrs</u> 1:30pm-2:30pm</p>
<p style="text-align: center;"><b>Elm Park Children's Centre (South)</b></p> <p><u>Linked Sites</u> -Elm Park Primary School -RJ Mitchell Primary School -Upminster Baptist Church -Engayne Primary School -Harrow Lodge Park</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Child Development Checks</u> 9am-12pm</p> <p style="text-align: center;"><u>Baby Stay and Play (0-12mths)</u> 9:30am-10:30am</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Stay and Play (0-5yrs)</u> 9:45am-11:00am</p> <p style="text-align: center;"><u>Ready Steady Talk</u> (Referral only) 11.45am-12:15pm</p> <p style="text-align: center;"><u>Musical Jelly Beans (0-5yrs)</u> 1:00pm-1:45pm</p> <p style="text-align: center;"><u>Family Fun Session 0-11yrs</u> 1:30pm-2:30pm</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Stay and Play (0-5yrs)</u> 9:45am-11am</p> <p style="text-align: center;"><u>Baby Massage</u> (Referral only)</p> <p style="text-align: center;"><u>Musical Jelly Beans (0-5yrs)</u> 1:00pm-1:45pm</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Child Development Checks</u> 9am-12pm</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Good Beginnings Group</u> (Referral only) 9am-2:30pm (two sessions)</p>
<p style="text-align: center;"><b>Rainham Village Children's Centre (South)</b></p> <p><u>Linked Sites</u> -Rainham Library -Orchard Village Community Centre -Spring Farm Park</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Stay and Play (0-5yrs)</u> 10am-11:15am</p> <p style="text-align: center;"><u>Ready Steady Talk</u> (Referral only) 1:30pm-2:15pm</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Baby Massage</u> (Referral only)</p> <p style="text-align: center;"><u>Baby Stay and Play (0-12mths)</u> 9:30am-10:30am</p> <p style="text-align: center;"><u>Musical Jelly Beans (0-5yrs)</u> 11:00am-11:45am</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>HENRY Healthy Families Programme</u> 9.30am-12pm</p> <p style="text-align: center;"><u>Family Fun Session 0-11yrs</u> 10:30am-11:30am</p> <p style="text-align: center;"><u>Stay and Play (0-5yrs)</u> 1:15pm-2:30pm</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p> <p style="text-align: center;"><u>Child Health Clinic</u> 9:15am-11:15am</p> <p style="text-align: center;"><u>Starting Solids Workshop</u> (Referral only) 10am-12pm</p> <p style="text-align: center;"><u>Stay and Play (0-5yrs)</u> 9:30am-10:45am</p>	<p style="text-align: center;"><u>Community Midwifery</u> By appointment only</p>

